



## News

### Video Production finalised

The production of an IofC Canada introductory video in both French and English, that showcases stories of change, has been finalized. The film, "Initiatives of Change: Building Bridges Across Canada", is about 5 minutes long and shares stories of change from across Canada.

The objective of the film is to orient and engage individuals, groups and communities with IofC Canada and to share local stories of change that align with national and international strategic priorities.

The film will be uploaded to the IofC YouTube channel. The link will soon be shared with members and friends of IofC Canada.



### AGM 2017 to be held on June 17

The IofC Canada board announced that the 2017 IofC Canada Annual General Meeting (AGM) will be held on Saturday **June 17 from 2pm-4pm EDT / 11am-1pm PDT**.

This year's meeting will be held as a fully virtual meeting – individuals will be able to join either by telephone or computer link.

Documents for the AGM, including board nominees and proxies, will be sent to members in mid-May.

The fundraising committee is looking for individuals interested in helping conduct research for grant opportunities for IofC programs, as well as those who can help write and edit grant applications. If interested, please send your name to [Admin.CA@iofc.org](mailto:Admin.CA@iofc.org).

### Membership Application:

If you know anyone who is involved with IofC Canada who might like to apply for membership, they can contact [Admin.CA@iofc.org](mailto:Admin.CA@iofc.org) to get a membership application. As members, they will be able to participate and vote at the upcoming Annual General Meeting.

### Announcements

#### Call for Submissions:

Members Update would like to publish submissions from IofC Canada members. The submissions could be reports of activities, reflections or stories of change that you would like to share. Tips, puzzles, inspirational quotes are also welcome, as well as questions or topics you'd like to see addressed.

News/reports of activities need to be less than 110 words.

Other submissions can be as short as 2-3 sentences, or as long as 250 words.

Please send your submissions to [Comms.CA@iofc.org](mailto:Comms.CA@iofc.org)

*To order DVDs of current films please contact an Initiatives of Change office near you.*

**Members Update** is a monthly update prepared by IofC Canada Communications

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For submissions: contact us at [Comms.CA@iofc.org](mailto:Comms.CA@iofc.org)

### Caux Brochures:

The digital versions of the Caux Forum brochures are available for download in [French](#), [English](#) and German on the Caux website: <http://www.caux.ch/caux-forum> and on the individual event webpages.

### Donations:

You can donate to IofC Canada using a credit card through CanadaHelps at <https://www.canadahelps.org/en/charities/initiatives-of-change-association-canada/>, or mail a cheque to the national office at :

101A-225 Metcalfe St,  
Ottawa ON K2P 1P9

## lofC Canada Board Meets

lofC Canada board met on April 29, 2017. The following is a summary of the meeting sent by Lorne Braun, co-chair of the board.

1. The lofC Canada 2017 AGM will be held June 17 as a virtual meeting. The AGM Planning Committee is Firyal Mohamed, Mary Ella Keblusek, Karen Bambonye and Jean-Noël André. (See page 1 for details)
2. The Nominations Committee (Firyal Mohamed, Mary Ella Keblusek, Sara Vassigh and Lee Crowchild) is in place and working towards the upcoming AGM.
3. The Board will be sending out a letter to the membership by mid-May which outlines our current financial status and plans for the future. While continuing to improve our fundraising efforts, we are also looking at ways to significantly reduce expenses. In addition to discussions at the AGM, we will be having conversations with various individuals and teams across the country to ensure that membership is aware and has opportunity to participate in solutions.
4. The Caux Committee has received various requests for support for people going to Caux this summer. The Board has approved the committee's recommendations. This includes Sebastian Brissette (Quebec) as a Caux Intern and Anna Zakharova (Alberta) as a Caux Scholar. Susan Korah will be at Caux working on the forum entitled 'Towards an Inclusive Peace'. Lorne Braun, Thembi Silundika and Mary Ella Keblusek will also be at Caux in various capacities through partial external funding.
5. Fernanda (Fe) Castro, who has been volunteering with us in Ottawa, has taken on the Ottawa office administrator's responsibilities. She will be working in the office all day on Mondays and Fridays, along with several hours on one or two late afternoons during the middle of the week.

## lofC Members Participate in Spring of Alternatives

Members of the lofC team in Québec region - Robert Lapointe, Marie Émilie Lacroix and Lucie Pagé - participated in the "Spring of Alternatives" event organized by the Network of the Social Forum Chaudière-Appalaches on Saturday April 22, 2017 in Quebec City. The event was organised to bring together organizations and citizen groups in Quebec region involved in various social sectors in order to offer information and workshops to the population.

There were several kiosks with representatives from various member organizations of the network - some of them are partners with Initiatives of Change: Capmo, Development and Peace, and Espace Art Nature. People went from one kiosk to another, depending on their interests.



Members of the lofC team in the Québec region, Robert Lapointe, Marie Émilie Lacroix and Lucie Pagé participated in the workshops and gave information on lofC to the kiosks during the exchanges.

Marie Émilie Lacroix and Lise Gauvreau, members of Intercultural Bridge, presented the Blanket Exercise with the organization Development and Peace in collaboration with André-Georges Toupin and Jessy Lépine, who are friends of lofC.

"People have been touched by the exercise and the sharing was enriching. We also talked about lofC and the Intercultural Bridge. People want more activities for dialogue. Following our meetings with people of different cultures, we could move forward with people from diverse cultures and organize activities. lofC could have a kiosk next year", says Lucie Pagé.

### Calgary Open House Yields Positive Feedback

Nineteen participants attended Calgary's Spring Tea and Open House on April 22nd. Participants viewed lofC Canada's new introductory video, and listened as Janyce Konkin, organizer of the event, highlighted the local work done over the past 2 years as well as the four main focus areas as approved by the Board of Directors last year.

The participants then discussed three main themes: (1) how well do they believe lofC locally is meeting its goals and objectives; (2) how have lofC's four pillars impacted their own lives and discuss personal changes that have occurred that participants may wish to share with others; and, (3) think of other ways for lofC to be involved and to promote the basic tenet for people to change themselves first and then take focused action.

After a lively hour-long conversation, participants formed one large round table to discuss results. Some ideas were:

- Start a once a month Open House for drop-in discussions, meeting people where they are at in the moment, offering support and dialogue around the four pillars.
- Connect with schools to develop values-based training for all age groups (primary to high school), developing tools relevant to each age group.
- Two University students involved with lofC have decided to organize an event at the local University. Further discussion and planning will take place before implementation.
- Philosophical discussion on the idea at lofC perhaps reembracing the former name Moral Rearmament (MRA) in order to address extremism in the world today.
- Overcoming Radicalization (one "R") by implementing 4 R's: Relationship building; Reflection (Quiet Time connecting to a higher power); Repentance (the need to clean up our own act first); and Retelling (sharing stories of personal change to encourage others).

The Calgary team would like to take this opportunity to thank volunteer Marilyn Wagner-Waddell for her commitment and support throughout the planning and implementation of this event, and Rachneet Randhawa and Joy Newman for also stepping forward to help make the day run smoothly.



Calgary Open House event

I T C E R I D G B Y W W L D L  
 N T N A T R O P M I K A A N U  
 T H G X B T B C F N C B G O E  
 E F C Y Z Z S U P I S A J L A  
 L Q V I M P R E S E N T K B L  
 L R G F W V M U N B E V A Y Z  
 I X V W P D M T H E E I U G G  
 G S A E W W N Q E X E S O A Y  
 E B L O V B P A C W L I D X A  
 N Z I U E O F E S N B B K X A  
 T B B Z I R L F H W A L D Y T  
 T W Q D A L U B T D R E J I V  
 U H A M E R A T J E O K X F M  
 Y R W N T Q R I A G D M E N U  
 Y H T Y F C C E Y N A C V T Q

### WORD SEARCH

Find the following words that are spelled exactly the same in English and French (depending on the gender) - Words can be vertical, horizontal or diagonal.

- |             |          |
|-------------|----------|
| ABSENT      | MENU     |
| ADORABLE    | MUSICAL  |
| BIZARRE     | NATURE   |
| BLOND       | PRESENT  |
| DIRECT      | RADIO    |
| EXCELLENT   | SANDWICH |
| IMPORTANT   | VISIBLE  |
| INTELLIGENT |          |